

SUPREME  
PRODUCTS

*your perfect solution!*

ARCO® has created a special range of products based on the market knowledge we have gained over the last 50 years. These products comprise formulations with high quality **branded ingredients**, which support you with evidence from scientific facts. By using the brand name of the ingredients and the positive EFSA statements on your product, it provides you a clear benefit on the business market.

ARCO® assists you by presenting **high quality product formulation** as a final product solution, ready to market!

Mental Complex capsules combine high-concentrated Fish Oil with American Ginseng and Ginkgo biloba to boost up the cognitive performance.

## MENTAL COMPLEX CAPSULES

Ingredients	per 2 capsules (recommended daily dosage)	RDA*
Fish Oil 1050 TG (EPA/DHA)	550 mg (55/250 mg)	**
American Ginseng extract (Cereboost™) (Ginsenosides)	200 mg (20 mg)	**
Ginkgo biloba extract	50 mg	**
Vitamin C	80 mg	100%
Vitamin E	12 mg	100%
Vitamin B2	1.4 mg	100%
Vitamin B5	6 mg	100%
Vitamin B12	2.5 µg	100%
Iron	14 mg	100%

\*RDA (EC recommended daily allowance)  
\*\*no RDA established

Of course ARCO® can also provide you with several other formulations in the special field of **Mental Health**.

Since our foundation in 1959 we are a competent partner for contract manufacturing of drugs, dietetic products and nutritional supplements in soft gel capsules.

As a family-owned company we assume responsibility towards our customers, suppliers, employees and the society. The values quality, flexibility, loyalty and responsibility are regarded as a matter of course of our philosophy of encapsulated care.

 **ARCO®**  
ENCAPSULATED CARE

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# MENTAL COMPLEX CAPSULES

OMEGA 3 (DHA) // AMERICAN GINSENG-  
GINKGO BILOBA EXTRACT // VITAMIN B COMPLEX  
VITAMIN E // IRON // VITAMIN C



 **ARCO®**  
ENCAPSULATED CARE

cereboost® 



## INFORMATION

Maintaining cognitive performance has become an increasingly vital requirement of our active way of life. Our society, based on performance, is demanding and strives to stay in shape physically and intellectually. Superior cognitive function is therefore greatly desired.

As consequence, increasingly more people are searching for natural solutions to experience the cerebral boost that is required by their everyday lives.

American ginseng has been used to improve cognitive function by Traditional Chinese Medicine. Ginseng and Ginkgo biloba are recognized for its potency to immediately enhance working memory and attention.

Omega 3 is widely known to have a positive impact on health. It provides among others the natural building block DHA, which may help to maintain healthy brain functions.

## EFSA STATEMENTS

**Omega 3** especially DHA contributes to the maintenance of normal brain function.

**Iron** contributes to the normal cognitive function.

**Vitamin B5** contributes to normal mental performance.

**Vitamin C** contributes to the normal functioning of the nervous system.

**Vitamin B2** contributes to the maintenance of the normal function of the nervous system.

**Vitamin B12** can contribute to the reduction of tiredness and fatigue.

## SCIENTIFIC EVIDENCE

200 mg supplementation with Cereboost™ has been clinically proven to:

- Improve working memory\*
- Support attention\*
- Increasing cognitive performance\*
- Healthy cognitive function\*

## BENEFITS

- Branded Ingredients
- High Compliance // No aftertaste
- Natural source
- EFSA statements

\* have not been evaluated by regulatory authorities.  
This product is not intended to diagnose, treat, cure or prevent any disease

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## PRODUCT FACTS

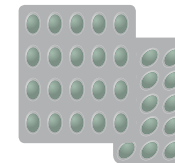
- Size and shape: 12 min oval
- Colour: green
- Gelatine: bovine
- Shelf life: 24 months (15 – 25°C; 35 – 50% rH)

## PACKAGING SOLUTIONS



### Bulk

MOQ: 5x12.000 capsules per box



### Blister

Blister foil: PVC 250 µm or PVC/PVDC foil 40 g/m<sup>2</sup> transparent  
 Alufoil: 20 µm silver or gold  
 Format: 106x75 mm 56x96 mm  
 20 caps per blister 15 caps per blister



### Bottle

Units: 60 // 120 caps  
 Size: 75 // 150 ml  
 PET bottle + labelling



### Package

Folding box: 300 g / m<sup>2</sup> (coloured)  
 Leaflet: 60 g / m<sup>2</sup>  
 Box units: 60 // 120 caps



Cereboost™ is a trademark of Naturex  
 ARCO® accepts no responsibility for the compliance of the product ideas presented with the various local marketing regulations.  
 ARCO® does not make any guarantees in this respect.