

Basic Products

For the Basic Products, there are the following blister sizes available.

	A	B	C	D
Format/capsule size	5 min oval	10 min oval	14 min oblong	20 min oblong
56x96 mm	15//20 caps	15 caps	10 caps	10 caps
106x75 mm	20//30 caps	20 caps	10 // 15 caps	10//15 caps

Cardiovascular Health	Filling	Capsule size	Blister
1 Fish Oil 1812 TG 500 mg Fish Oil 1812 TG (ca. 90 mg EPA; ca. 60 mg DHA); 5 mg RRR- α -Tocopherol- concentrate (67%)	505 mg	10 min oval	B
2 Fish Oil 1812 TG (Fishgelatine) 500 mg Fish Oil 1812 TG (ca. 90 mg EPA; ca. 60 mg DHA); 5 mg RRR- α -Tocopherol- concentrate (67%)	505 mg	10 min oval	B
3 Cardiovascular Basic 500 mg Fish Oil TG 3322 (min. 300 mg Omega-3; thereof 150/100 mg EPA / DHA) 5 mg RRR- α -Tocopherol- concentrate (67%)	505 mg	10 min oval	B
4 Cardiovascular 500 mg Fish Oil TG 3322 (150 EPA; 100 mg DHA) 30 mg Coenzym Q10 75 mg Borretschöl 20% GLA (15 mg GLA) 5 mg RRR- α -Tocopherol- concentrate (67%)	610 mg	12 min oval	B
5 EPAX 6000 TG 500 mg Marines Omega-3 concentrate (ca. 300 mg EPA; ca. 200 mg DHA)	500 mg	10 min oval	B
6 Fish Oil TG 3322 TG 1000 mg Fish Oil TG 3322 (min. 60% Omega-3 = 600 mg Omega-3; thereof 300 mg EPA / 200 DHA)	1000 mg	20 min oblong	D
7 Garlic Oil 270 mg garlic macerate oil (0,1% Vinylidithiine);	270 mg	5 min oval	A
8 Garlic - Mistletoe - Hawthorn Oil 150 mg garlic macerate oil (0,1% Vinylidithiine); 60 mg mistletoe macerate oil 1:1 ; 60 mg hawthorn macerate oil 1:2	270 mg	5 min oval	A
9 Perilla Oil 500 mg Perilla oil; 10 mg Mixed tocopherol concentrate (70%)	510 mg	10 min oval	B
10 Krill Oil (Superba® KRILL) 500 mg Krill oil	500 mg	10 min oval	B
11 Chia Oil 500 mg Benexia® Chia Oil	500 mg	10 min oval	B
12 Chia Oil 1000 mg Benexia® Chia Oil	1000 mg	20 min oblong	D

Energy Health	Filling	Capsule size	Blister
13 Borage Oil 500 mg Borage Oil (min. 20% GLA; ca. 100 mg GLA); 15 mg RRR- α -Tocopherol- concentrate (67%)	515 mg	10 min oval	B
14 Evening Primrose Oil - Borageoil 300 mg Evening Primrose Oil (min. 9% GLA) 200 mg Borage Oil (min. 20% GLA) (total ca. 67 mg GLA) 15 mg RRR- α -Tocopherol- concentrate (67%)	515 mg	10 min oval	B
15 Evening Primrose Oil 500 mg Evening Primrose Oil (min. 9% GLA; ca. 45 mg GLA) 15 mg RRR- α -Tocopherol- concentrate (67%)	515 mg	10 min oval	B
16 Evening Primrose Oil -Vitamin E 10 IE 1000 mg Evening Primrose Oil (min. 9% GLA; ca. 90 mg GLA) 15 mg RRR- α -Tocopherol- concentrate (67%)	1015 mg	20 min oblong	D
17 CLA 500 mg conjugate Linoleic acid 80% CLA; 5 mg RRR- α -Tocopherol- concentrate (67%)	505 mg	10 min oval	B
18 Energy Basic 1000 mg conjugate Linoleic acid 80% CLA; 5 mg RRR- α -Tocopherol- concentrate (67%)	1005 mg	20 min oblong	D
19 Egyptian Black Cumin Oil 500 mg Egyptian black cumin oil 15 mg RRR- α -Tocopherol- concentrate (67%)	515 mg	10 min oval	B
20 Magnesium + Vitamin B complex 123,75 mg Magnesium, 200 mg Pumpkin seed oil, 133,6 mg Vitamin C, 36 mg Vitamin E, 16 mg Vitamin B3, 8,2 mg Vitamin B5, 1,4 mg Vitamin B2, 1,36 mg Vitamin B1, 200 μ g Folic acid, 55 μ g Selenium, 50 Biotin, 7,5 μ g Vitamin B12, 2 mg beta carotin	1130 mg	20 min oblong	D
21 Q10 30 mg Coenzym Q10; 240 mg Soya bean oil	270 mg	5 min oval	A
22 Q10 60 mg Coenzym Q10; 210 mg Soy bean oil	270 mg	5 min oval	A
23 Q10 100 mg Coenzym Q10; 300 mg Soy bean oil	270 mg	5 min oval	A
24 Ubiquinol QH 25 mg Ubiquinol Kaneka QH	500 mg	10 min oval	B
25 Ubiquinol QH 50 mg Ubiquinol Kaneka QH	500 mg	10 min oval	B
26 Ubiquinol QH 100 mg Ubiquinol Kaneka QH	500 mg	10 min oval	B

Movement Health	Filling	Capsule size	Blister
27 Osteoporosis Basic 25 µg Vitamin D3; 1.000 IU; Sunflower oil	270 mg	5 min oval	A
28 Osteoporosis 50 µg Vitamin D3; 2.000 IU; Sunflower oil	270 mg	5 min oval	A
29 Vitamin K2 - D3 30 mg Vitamin K2 oil 1500 ppm (45 µg Vitamin K2) 0,2 mg Colecalciferol (5 µg Vitamin D3)	270 mg	5 min oval	A
30 Vitamin K2 - D3 60 mg Vitamin K2 oil 1500 ppm (90 µg Vitamin K2) 0,2 mg Colecalciferol (5 µg Vitamin D3)	270 mg	5 min oval	A
31 Magnesium + Vitamin B complex 123,75 mg Magnesium, 200 mg Pumpkin seed oil, 133,6 mg Vitamin C, 36 mg Vitamin E, 16 mg Vitamin B3, 8,2 mg Vitamin B5, 1,4 mg Vitamin B2, 1,36 mg Vitamin B1, 200 µg Folic acid, 55 µg Selenium, 50 Biotin, 7,5 µg Vitamin B12, 2 mg beta carotin	1130 mg	20 min oblong	D
32 Chondroitin + Glucosamin 300 mg Glucosaminsulfat, 75 mg Chondroitinsulfat, 400 mg Fishoil (120 mg OM-3) 40 mg Vitamin C, 12 mg Vitamin E, 2 mg Zinc, 1,4 mg Vitamin B6, 0,5 mg Mangan, 0,4 mg Copper, 20 µg Chrom	1000 mg	20 min oblong	D
33 Vitamin E 400 400 mg RRR-α-Tocopherol- conc. (67%); 100 mg Wheat germ oil	500 mg	10 min oval	B
Mental Health	Filling	Capsule size	Blister
34 Mental Basic 545 mg Fishoil 1050 TG (54 mg EPA;250 mg DHA) 5 mg RRR-α-Tocopherol- concentrate (67%)	550 mg	12 min oval	B
35 Mental 545 mg Fishoil 1050 TG (54 mg EPA;250 mg DHA) 50 mg Ginkgo biloba extract 15 mg RRR-α-Tocopherol- concentrate (67%)	650 mg	12 min oval	B
36 Lecithin 500 mg Soyalecithin; 100 mg Soy bean oil	600 mg	12 min oval	B
37 Lecithin – Vitamin E 1000 mg Soyalecithin; 185 mg Soy bean oil; 15 mg RRR-α-Tocopherol- concentrate (67%)	1200 mg	20 min oblong	D
38 Perilla Oil 500 mg Perilla oil 5 mg RRR-α-Tocopherol- concentrate (67%)	505 mg	10 min oval	B
39 Vitamin E 400 400 mg RRR-α-Tocopherol- conc. (67%); 100 mg Wheat germ oil	500 mg	10 min oval	B

Immunity Health		Filling	Capsule size	Blister
40	Multivitamin 197 mg Soya bean oil ref.; 10 mg Lecithin; 10 mg beeswax; 2 mg Retinolpalmitat 1 Mio. I.E./g; 0,10 mg Colecalciferol i. oily. sol.; 1 mg Thiaminnitrat Vit. B1; 1,50 mg Riboflavin B2; 2 mg Pyridoxinhydrochlorid Vit. B6; ; 5 µg Vit. B12; 6 mg Nicotinamid; 2 mg Calciumpanthothenat; 15 mg Ascorbic acid Vit. C; 9 mg RRR-α-Tocopherol-conc. (67%); 0,01 mg D-Biotin; 0,1 mg Folic acid	260 mg	5 min oval	A
41	Isoflavon 12,5 mg sunflower oil; 20 mg Lecithin; 200 mg conjugate Linoleic acid 80% (= 160 mg CLA); 25 mg Bioflavonoide 60% (= 15 mg Flavonoide); 62,5 mg Soyaextract (40% Isoflavone, = 25 mg Isoflavone); 15 mg RRR-α-Tocopherol- concentrate (67%)	500 mg	10 min oval	B
42	Antioxidant 250 mg Borage Oil (min. 20% GLS); 33,3 mg Calciumascorbat; 150 mg Tri-Magnesiumdicitrat; 1,9 mg Vitamin B ₂ ; 2 mg Vitamin B ₆ ; 6 mg β-Carotin 30%; 15 mg Selenium yeast (1 mg -> 2 µg) 15 mg RRR-α-Tocopherol- concentrate (67%)	540 mg	11 min oblong	C
43	EPAX 4020 TG 500 mg Marines Omega-3 concentrate (ca. 210 mg EPA; ca. 105 mg DHA)	500 mg	10 min oval	B
44	EPAX 4020 TG 1000 mg Marines Omega-3 concentrate (ca. 420 mg EPA; ca. 210 mg DHA)	1015 mg	20 min oblong	D
Mother & Child		Filling	Capsule size	Blister
45	Fish Oil 1812 TG 500 mg Fish Oil 1812 TG (ca. 90 mg EPA; ca. 60 mg DHA); 5 mg RRR-α-Tocopherol- conc. (67%)	505 mg	10 min oval	B
46	Fish Oil 1812 TG 500 mg Fish Oil 1812 TG (ca. 90 mg EPA; ca. 60 mg DHA); 15 mg RRR-α-Tocopherol- conc. (67%) 200 µg Folic acid; 150 µg Iodine	535 mg	12 min oval	B
47	Fish Oil 1050 TG 435 mg Fishoil 1050 TG (43 mg EPA; 200 mg DHA) 15 mg RRR-α-Tocopherol- conc. (67%)	450 mg	10 min oval	B
48	Pregnancy Basic 435 mg Fishoil 1050 TG (43 mg EPA; 200 mg DHA) 15 mg RRR-α-Tocopherol- conc. (67%) 200 µg Folic acid; 150 µg Iodine	480 mg	10 min oval	B
49	Pregnancy 435 mg Fishoil 1050 TG (43 mg EPA; 200 mg DHA) 15 mg RRR-α-Tocopherol- concentrate (67%) 1,1 mg Vit. B1; 1,4 mg Vit. B2; 16 mg Vit. B3; 6 mg Vit. B5; 1,4 mg Vit. B6; 2,5 µg Vit. B12; 200 µg Folic acid; 150 µg Iodine; 14 mg Iron	560 mg	12 min oval	B

Bladder Health		Filling	Capsule size	Blister
50 Prostate Basic	160 mg Sabalae e fruct spir. spiss. 140 mg Pumpkin seed oil	300 mg	6 min oval	A
51 Prostate	200 mg Pumpkin seed oil; 160 mg Sabalae e fruct spir. Spiss. 50 mg Pumpkin seed extract; 40 mg Vitamin C; 27,5 µg Selenium	500 mg	10 min oval	B
52 Pumpkin seed Oil	500 mg Pumkin seed oil	500 mg	10 min oval	B
53 Pumpkin seed Oil	1000 mg Pumpkin seed oil	1000 mg	20 min oblong	D
54 Cranberry - Evening primrose Oil	400 mg Evening primrose Oil 45 mg Cranberry extrac 40% (18 mg PACs) 40 mg Vitamin C; 27,5 µg Selenium	550 mg	12 min oval	B
Vision Health		Filling	Capsule size	Blister
55 Vision Basic	545 mg Fishoil 1050 TG (54 mg EPA;250 mg DHA) 5 mg RRR-α-Tocopherol- concentrate (67%)	550 mg	12 min oval	B
56 Vision	545 mg Fishoil 1050 TG (54 mg EPA;250 mg DHA) 50 mg Lutein 20% suspension (10 mg Lutein; 500 µg Zeaxanthin) 2,67 Retinolpalmitate 1,0 Mio IU/G (800 µg Vitamin A) 15 mg RRR-α-Tocopherol- concentrate (67%)	620 mg	12 min oval	B
57 EPAX 1050 TG	580 mg Marines Omega-3 concentrate (35 mg EPA; 250 mg DHA)	580 mg	12 min oval	B
58 Vitamin A	2,67 Retinolpalmitate 1,0 Mio IU/G (800 µg Vitamin A)	150 mg	3 min oval	A
59 Beta Carotin	16 mg Beta Carotin 100% 800 µg Vitamin A)	235 mg	4 min oval	A
60 Lutein	30 mg Lutein 20% suspension (6 mg Lutein; 300 µg Zeaxanthin)	235 mg	4 min oval	A